

Table 1. Characteristics of the studied sample of parents and their offspring.

OFFSPRING CHARACTERISTICS		PHYSICAL ACTIVITY LEVELS	
Males, n (%)	2686 (52.4%)	Never, n (%)	3303 (64.5)
Females, n (%)	2439 (47.5%)	Moderate, n (%)	858 (16.7)
Age (years)	8.5 (0.5)	Sometimes/often, n (%)	966 (15.8)
Birth Weight, Kg	3.33 (0.5)	Breastfeeding (months)	3.2 (4.0)
BMI at Birth, Kg/m ²	12.6 (1.7)	Smoking during pregnancy, n (%)	588 (11.5)
BMI at Age 2 (infant), Kg/m ²	16.5 (2.4)	Yes	588 (11.5%)
BMI at Age 8 years, Kg/m ²	17.6 (3.0)	No	4537 (88.5%)
BMI at follow-up (15-25-y-old), Kg/m ²	22.6 (3.5)	Alcohol consumption, n(%)	
		Yes	476 (9.3%)
		No	4649 (90.7%)
MATERNAL CHARACTERISTICS		Drugs during pregnancy, n (%)	6 (0.2)
Maternal Age at Pregnancy, (years)	27.9 (4.8)	Alcohol consumption during pregnancy, n(%)	476 (9.3)
Greek nationality, n (%)	4792 (93.5)	Diabetes during pregnancy, n (%)	97 (1.9)
Gestational age (weeks)	39.2 (1.6)	Yes	588 (11.5%)
Pregnancy in vitro, n (%)	52 (1.3)	No	4537 (88.5%)
Bedtime during pregnancy, n (%)	80 (1.6)	Alcohol consumption, n(%)	
Parity before, n (%)	2528 (49.7)	Yes	476 (9.3%)
BMI in first visit, Kg/m ²	22.5 (3.2)	No	4649 (90.7%)
BMI in last visit, Kg/m ²	27.8 (3.9)	Hypertension during pregnancy, n(%)	118 (2.3)
BMI at follow-up, Kg/m ²	26.0 (4.5)	PARENTAL CHARACTERISTICS	
Gestational weight gain (GWG), Kg	14.3 (3.5)	BMI, Kg/m ²	27.7 (3.7)
EDUCATIONAL STATUS		Educational status	
Basic (≤6 years) (%)	23.4	Basic (≤6 years) (%)	31.8
Secondary (≤12 years) (%)	44.4	Secondary (≤12 years) (%)	40.8
Higher (> 12 years) (%)	32.2	Higher (> 12 years) (%)	27.4