

**Supplementary Table 2. Time spent for fun or exercise before and during pregnancy, n(%).**

		<b>BEFORE PREGNANCY</b>	<b>DURING PREGNANCY</b>	<b>P-VALUE</b>
<b><i>Walking slowly (per week)</i></b>	None	84 (43.5)	31 (16.1)	<0.01
	< 30minutes	38 (19.7)	60 (31.1)	
	30-60 min	34 (17.6)	37 (19.2)	
	1-2 hours	19 (9.8)	36 (18.7)	
	2-3 hours	18 (9.3)	15 (7.8)	
	> 3hours	0 (0.0)	14 (7.3)	
<b><i>Walking more quickly (per week)</i></b>	None	104 (53.9)	136 (70.5)	<0.01
	< 30minutes	31 (16.1)	23 (11.9)	
	30-60 min	29 (15.0)	22 (11.4)	
	1-2 hours	14 (7.3)	6 (3.1)	
	2-3 hours	15 (7.8)	6 (3.1)	
<b><i>Walking quickly up hills (per week)</i></b>	None	134 (69.4)	166 (86.0)	<0.01
	< 30minutes	37 (19.2)	17 (8.8)	
	30-60 min	14 (7.3)	8 (4.1)	
	1-2 hours	5 (2.6)	2 (1.0)	
	2-3 hours	3 (1.6)	0 (0.0)	
<b><i>Jogging (per week)</i></b>	None	162 (83.9)	178 (92.2)	0.01
	< 30minutes	14 (7.3)	11 (5.7)	
	30-60 min	9 (4.7)	4 (2.1)	
	1-2 hours	6 (3.1)	0 (0.0)	
	2-3 hours	2 (1.0)	0 (0.0)	
<b><i>Swimming (per week)</i></b>	None	160 (82.9)	174 (90.6)	0.04
	< 30minutes	13 (6.7)	6 (3.1)	
	30-60 min	10 (5.2)	9 (4.7)	
	1-2 hours	5 (2.6)	1 (0.5)	
	2-3 hours	5 (2.6)	2 (1.0)	
<b><i>Dancing (per week)</i></b>	None	135 (69.9)	168 (87.0)	<0.01
	< 30minutes	29 (15.0)	14 (7.3)	
	30-60 min	21 (10.9)	6 (3.1)	
	1-2 hours	5 (2.6)	3 (1.6)	
	2-3 hours	3 (1.6)	2 (1.0)	
<b><i>Other activities (per week)</i></b>	None	138 (71.5)	159 (82.4)	0.04
	< 30minutes	17 (8.8)	16 (8.3)	
	30-60 min	16 (8.3)	9 (4.7)	
	1-2 hours	14 (7.3)	5 (2.6)	
	2-3 hours	8 (4.1)	4 (2.1)	