

Supplementary Table 3. Time spent while not at work at everyday household related activities before and during pregnancy, n(%).				
		BEFORE PREGNANCY	DURING PREGNANCY	P-VALUE
<i>Preparing meals and light cleaning (per day)</i>	None	1 (0.5)	20 (10.4)	<0.01
	< 30minutes	14 (7.3)	15 (7.8)	
	30-60 min	39 (20.2)	54 (28.0)	
	1-2 hours	64 (33.2)	67 (34.7)	
	2-3 hours	51 (26.4)	31 (16.1)	
	> 3hours	24 (12.4)	6 (3.1)	
<i>Dressing, bathing, feeding children, while sitting (per day)</i>	None	140 (72.5)	140 (72.5)	0.74
	< 30minutes	19 (9.8)	15 (7.8)	
	30-60 min	18 (9.3)	20 (10.4)	
	1-2 hours	10 (5.2)	14 (7.3)	
	2-3 hours	6 (3.1)	4 (2.1)	
<i>Dressing, bathing, feeding children, while standing (per day)</i>	None	135 (69.9)	148 (76.7)	0.11
	< 30minutes	18 (9.3)	13 (6.7)	
	30-60 min	21 (10.9)	19 (9.8)	
	1-2 hours	17 (8.8)	8 (4.1)	
	2-3 hours	2 (1.0)	5 (2.6)	
<i>Playing with children while sitting or standing (per day)</i>	None	127 (65.8)	145 (75.1)	<0.01
	< 30minutes	18 (9.3)	13 (6.7)	
	30-60 min	23 (11.9)	20 (10.4)	
	1-2 hours	12 (6.2)	8 (4.1)	
	2-3 hours	13 (6.7)	7 (3.6)	
<i>Playing with children while walking or running (per day)</i>	None	139 (72.0)	157 (81.3)	0.01
	< 30minutes	22 (11.4)	16 (8.3)	
	30-60 min	22 (11.4)	13 (6.7)	
	1-2 hours	6 (3.1)	4 (2.1)	
	2-3 hours	4 (2.1)	3 (1.6)	
<i>Taking care of an older adult (per day)</i>	None	180 (93.3)	178 (92.2)	0.71
	< 30minutes	6 (3.1)	7 (3.6)	
	30-60 min	4 (2.1)	4 (2.1)	
	1-2 hours	3 (1.6)	2 (1.0)	
	2-3 hours	0 (0.0)	2 (1.0)	
<i>Sitting and using a computer or writing, while NOT at work (per day)</i>	None	71 (36.8)	69 (35.8)	0.06
	< 30minutes	46 (23.8)	43 (22.3)	
	30-60 min	38 (19.7)	31 (16.1)	
	1-2 hours	17 (8.8)	36 (18.7)	
	2-3 hours	21 (10.9)	14 (7.3)	
<i>Watching television or video (per day)</i>	None	33 (17.1)	28 (14.5)	<0.01
	< 30minutes	39 (20.2)	26 (13.5)	
	30-60 min	63 (32.6)	59 (30.6)	
	1-2 hours	50 (25.9)	57 (29.5)	
	2-3 hours	7 (3.6)	17 (8.8)	
	> 3hours	1 (0.5)	6 (3.1)	
<i>Sitting and reading, talking, or on the phone, while NOT at work (per day)</i>	None	73 (37.8)	55 (28.5)	0.42
	< 30minutes	56 (29.0)	57 (29.5)	
	30-60 min	45 (23.3)	58 (30.1)	
	1-2 hours	12 (6.2)	20 (10.4)	
	2-3 hours	4 (2.1)	0 (0.0)	
	> 3hours	3 (1.6)	3 (1.6)	
<i>Playing with pets (per day)</i>	None	151 (78.2)	157 (81.3)	0.17
	< 30minutes	22 (11.4)	18 (9.3)	
	30-60 min	8 (4.1)	13 (6.7)	
	1-2 hours	7 (3.6)	4 (2.1)	
	2-3 hours	5 (2.6)	1 (0.5)	
<i>Shopping (per day)</i>	None	80 (41.5)	97 (50.3)	0.29
	< 30minutes	71 (36.8)	66 (34.2)	
	30-60 min	33 (17.1)	23 (11.9)	
	1-2 hours	5 (2.6)	4 (2.1)	
	2-3 hours	4 (2.1)	3 (1.6)	
<i>Heavy cleaning (per week)</i>	None	42 (21.8)	110 (57.0)	<0.01
	< 30minutes	44 (22.8)	30 (15.5)	
	30-60 min	55 (28.5)	25 (13.0)	
	1-2 hours	37 (19.2)	15 (7.8)	
	2-3 hours	15 (7.8)	13 (6.7)	
<i>Gardening (per week)</i>	None	158 (81.9)	164 (85.0)	0.82
	< 30minutes	18 (9.3)	13 (6.7)	
	30-60 min	12 (6.2)	12 (6.2)	
	1-2 hours	2 (1.0)	2 (1.0)	
	2-3 hours	3 (1.6)	2 (1.0)	