

Table 2. Laboratory and clinical parameters in the postoperative period

INDICATOR	WITH ERAS (N=82)	WITHOUT ERAS (N=78)	P
Hemoglobin, gm/l	102.36±1.44	96.14±1.12	<0.05
Thrombocytes, x10 ¹²	198.14±1.12	189.24±1.22	>0.05
Total protein, gm/l	69.14±2.12	60.11±1.42	<0.05
Total bilirubin, µmol/l	12.04±1.02	14.12±0.16	>0.05
Creatinine, µmol/l	66.84±4.32	68.36±2.28	>0.05
Urea, mmlol/l	3.42±0.16	4.12±0.18	>0.05
Fasting glucose, mmlol/l	5.9±0.11	6.8±0.12	<0.05
Blood loss, ml	268.60±21.34	358.24±23.16	<0.05
Urine volume, ml	348.40±19.12	320.16±12.22	>0.05
Blood and fluid balance, ml	514.80±62.12	968.18±34.26	<0.05
Nausea/vomiting, number (%)	3 (3.7 %)	10 (12.2 %)	<0.05
Paralytic ileus, number (%)	2 (2.4 %)	7 (8.9 %)	<0.05
Opioid analgesia, number (%)	9 (10.9 %)	31 (39.7 %)	<0.05
Intensive care stay, number (%)	14 (17.1 %)	49 (62.8 %)	<0.05
Hospital stay, days	4.6 ±0.15	6.5 ±0.16	<0.05
First drink of water, hours	4.9±2.6	22.6±2.8	>0.05