

Table 1. Socio-demographic characteristics of participants.

VARIABLE	FREQUENCY (N=506)	PERCENTAGE
AGE GROUP (YEARS)		
≤25	69	13.2
26-30	152	30.0
31-35	188	37.2
36-40	74	14.6
>40	23	4.5
Mean± SD	31.30±5.3	
PARITY		
0-1	230	45.5
2-4	220	43.5
≥5	56	11.1
OCCUPATION		
Civilian	213	42.1
Military	293	57.9