

Table 1. Baseline characteristics of the participants (n=154).

CHARACTERISTICS	MEAN (SD) OR N (%)
Maternal age (years)	34.7 (7.1)
Gestational age on admission (weeks)	31.1 (3.4)
Duration of hospitalization (days)	6.1 (6.0)
BMI (kg/m ²)	25.6 (3.7)
Method of conception	
Spontaneous	30 (19.5)
ART	124 (80.5)
Type of twins	
DCDA	143 (92.9)
MCDA	11 (7.1)
Smoking	
Yes	22 (14.3)
No	132 (85.7)
Indication for admission	
TPTL	57 (37.0)
FGR	26 (16.9)
Preeclampsia	12 (7.8)
PPROM	27 (17.5)
Other	32 (20.8)
Pregnancy outcome	
Delivery suite	100 (64.9)
Discharge	54 (35.1)

BMI: body mass index; ART: assisted reproductive technology; DCDA: dichorionic diamniotic; MCDA: monochorionic diamniotic; TPTL: threatened preterm labor; FGR: fetal growth restriction; PPROM: preterm prelabor rupture of membranes