

Table 2. Weight gain at 28 weeks of pregnancy and BMI status at 28 weeks of pregnancy in relation to gestational diabetes' risk.

Maternal variables	p-value (aOR)	aOR (95% CI)
Weight gain at 28 weeks of pregnancy		
below IOM	0.026	2.58 (1.13,6.04)
within IOM	0.025	0.37 (0.15,0.86)
above IOM	0.97	1.02 (0.28,3.29)
BMI at 28 weeks of pregnancy	0.009	0.49 (0.28,0.82)

IOM: institute of medicine; BMI: body mass index