

Table 1. Sociodemographic characteristics stratified by BMI category of pregnant women attended at Hospital Escuela; Tegucigalpa, Francisco Morazán, 2019-2024.

Variable	Normal BMI (n=261)	Overweight (n=100)	Obesity (n=160)	p-value
Mean maternal age, years (SD)	25.1 (7.1)	26.9 (6.5)	28.4 (6.9)	<0.001
Origin				0.70
Urban	153 (58.6%)	63 (63.0%)	101 (63.1%)	
Rural	100 (38.3%)	34 (34.0%)	55 (34.4%)	
Not recorded	8 (3.1%)	3 (3.0%)	4 (2.5%)	
Educational Level				0.25
None	28 (10.7%)	14 (14.0%)	18 (11.3%)	
Primary incomplete	66 (25.3%)	23 (23.0%)	40 (25.0%)	
Completed primary school	84 (32.2%)	28 (28.0%)	44 (27.5%)	
High school incomplete	51 (19.5%)	21 (21.0%)	34 (21.3%)	
High school completed	25 (9.6%)	9 (9.0%)	10 (6.3%)	
University incomplete	6 (2.3%)	4 (4.0%)	8 (5.0%)	
Complete University	1 (0.4%)	1 (1.0%)	6 (3.8%)	