

Table 2. Obstetric history and newborn outcomes by BMI category of pregnant women attended at Hospital Escuela; Tegucigalpa, Francisco Morazán, 2019-2024.

Variable	Normal BMI (n=261)	Overweight (n=100)	Obesity (n=160)	p-value
<b>Obstetric history, median (min-max)</b>				
Gravidity	1 (1-8)	2 (1-7)	3 (1-10)	<0.001
Parity	1 (0-8)	1 (0-6)	2 (0-10)	<0.001
Cesarean sections	0 (0-5)	0 (0-2)	1 (0-3)	<0.001
Abortions	0 (0-4)	0 (0-2)	0 (0-3)	0.08
<b>Newborn outcomes</b>				
Preterm	46 (17.6%)	14 (14.0%)	18 (11.3%)	0.18
Term	214 (82.0%)	84 (84.0%)	139 (86.9%)	
Post-term	1 (0.4%)	2 (2.0%)	3 (1.9%)	
Birth weight, grams (SD)	3106 (590)	3128 (601)	3168 (629)	0.61