

Table 3. Anthropometric measures by BMI category of pregnant women attended at Hospital Escuela; Tegucigalpa, Francisco Morazán, 2019-2024.

<b>Variable</b>	<b>Normal BMI (n=261)</b>	<b>Overweight (n=100)</b>	<b>Obesity (n=160)</b>	<b>P-value</b>
Weight before 12 weeks (kg)	58.9 (7.8)	72.4 (6.1)	96.8 (9.3)	<0.001
Height, cm	155.2(6.2)	157.8 (6.1)	158.9 (6.6)	<0.001
BMI, kg/m <sup>2</sup>	24.4 (3.3)	29.1 (1.4)	38.3 (4.1)	<0.001
Maternal weight at delivery, kg	62.2(16.5)	77.5 (10.2)	102.9 (11.7)	<0.001